



Big Brothers Big Sisters
of South Central Kentucky

Quick Facts

What if every child fulfills their potential? Think how amazing that would be. Start Something.

Big Brothers Big Sisters is not your typical organization. We help children realize their potential and build their futures. We nurture children and strengthen communities. And we couldn't do any of it without you.

We believe that inherent in every child is the ability to succeed and thrive in life. Most children served by Big Brothers Big Sisters live in single-parent and low-income families, or households where a parent is incarcerated. As the nation's largest donor and volunteer supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles").

By providing a system of ongoing evaluation and support, Big Brothers Big Sisters is proven by independent studies to help families. This system improves the odds that Littles will perform better in school, avoid violence and illegal activities, and have stronger relationships with their parents and others. Big Brothers Big Sisters has been impacting lives for the past 37 years in South Central Kentucky, and in 2011 is striving to match over 400 children ages 6 to 17 in Warren, Allen and Barren counties.

A 2009 study conducted by Harris Interactive on behalf of Big Brothers Big Sisters found that adults who were matched for at least one year as children report that having a Big Brother or Big Sister played an integral role in who they are today by positively influencing their self-confidence, providing stability, changing their perspective on life and pushing them to set higher goals.

About the "Littles":

The children in our program come from many walks of life, but all are between the ages of 6 and 12 when initially matched and live in Warren, Allen and Barren counties. Many just need some extra one-to-one time with a caring, committed adult.

School-Based Mentoring Program:

This program is available to volunteers ages 15 and up who are willing to meet with a child at the child's school. This is for 1-2 hours a week during the school year and is at least a one-year commitment. Depending on the school, volunteers may meet with their child either during school hours (lunch) or in the after-school program. Our matches have fun playing indoor and outdoor games, having snack time, and doing homework together. Volunteers explore the child's world by sharing common interests/hobbies, listen to them and be another encouraging person in their life.

Community-Based Mentoring Program:

This program is available to volunteers ages 18 and up who are willing to spend time doing activities in the community together. This is for 2-4 hours a week and is at least a one-year commitment. Matches enjoy attending sporting events, going to parks, watching movies, sharing a meal, and just "hanging out" together. Volunteers can share their interests and hobbies with a child and do many simple, low-cost activities.

How to Refer a Child to Our Program:

Please contact your child's school FRC, teacher or our office directly at (270) 781-1180 and anyone on staff can assist you in the process or visit our website at www.bbbsky.com and complete the online form.

How Can YOU Help...Become a Volunteer:

Become a mentor in the life of a child at the same school your child attends or you work near in the school-based program or become a mentor outside school hours through the community-based program. Contact our office at (270) 781-1180 and anyone on staff can assist you in the process or visit our website at www.bbbsky.com and complete the online form.

Our Impact:

A recent study shows that children who have Big Brothers/Big Sisters are:
Less likely to start using drugs or alcohol
Have improved relationships with parents and/or guardians
Have more confidence
Do better in school



Program Outcome Evaluations

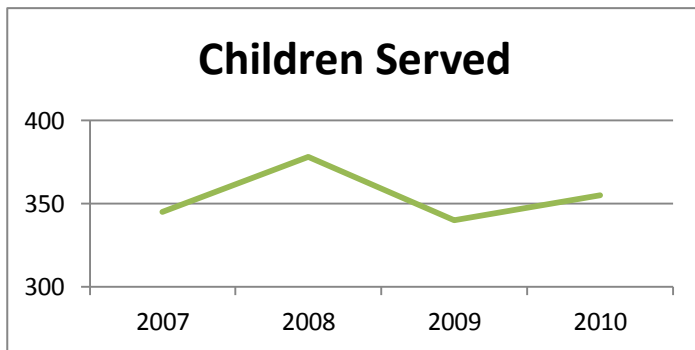
2010 Volunteer-reported Evaluations

Self-Confidence	91% positive
Academic performance	84% positive
Attitude toward school	83% positive
Sense of the future	81% positive
Relationship with peers	83% positive
Able to avoid delinquency	76% positive
Able to avoid substance abuse	73% positive

Currently, over 200 children are matched in a one-to-one mentoring relationship and over 100 additional children have been identified as

Present Needs

The number of youth in need continues to grow – with steady increases being shown in areas such as number of students on free/reduced lunch (46% Warren County Schools, 58% Bowling Green Independent Schools, 59 % Barren County Schools, 56% Glasgow Independent Schools, and 55% Allen County Schools), the number of children living without two parents, (33% of KY households are headed by a single parent), and percentage of children living in poverty (21.3%-Warren, 23.3%-Barren, and 23.9%-Allen County). BBBS is committed to responding to these widespread and urgent needs. We will make every effort to provide a mentor for every child who needs and wants one. Nationwide, our ultimate goal is to serve at least one million youth every year. Located in the third largest city in Kentucky, with an at-risk youth population exceeding 7,500 youth, Big Brothers Big Sisters’ long term plans are to match over 550 youth per year.



Of Children Currently Served:
73% receive Free/Reduced Lunch
21% have an incarcerated parent
74% live with single parent or other relative

Invest in Potential



Big Brother Brett Reynolds and Little Brother Troy have had an amazing relationship for through Big Brothers Big Sisters of South Central Kentucky. Troy was 8 years old when he first met Brett, and their typical activities consisted of going to ball games, movies, and local restaurants together. They quickly formed a bond, and their relationship progressed towards Brett exposing Troy to career opportunities and helping him improve his academic, social and athletic skills.

Troy's mother, Regina, recalls that Brett came into Troy's life "at the right time". She also recalls the day that Troy was introduced to a Bowling Green Mayor and came back saying "I know I can be something!"

Now, eleven years later, Troy is a freshman in college. In June 2010, Troy signed to play basketball for Brescia University with a full-ride scholarship. Troy was asked by Big Brothers Big Sisters to write about his experience in our program, and the impact his Big Brother Brett has had in his life. Here is how he describes his time with Brett:

"Time is something we can never gain back, but it is something we can give to others. Time with my Big, Brett, has made all the difference in my life. The time he has given to me has helped make me the man I am today. When I first met Brett I was 8-years-old, and 11 years later he is still sharing his time with me. I often think, 'Why me?' Of all the kids that were there that day when Brett came to our neighborhood to help coach ball, why did he choose me? They say everything happens for a reason, and whatever the reason was for Brett to come into my life, I see it as a true blessing. I would hate to think of what my life would have been like if I did not have a positive male role model in my life. The streets of the 'hood are rough, and I was blessed to see things outside my neighborhood. I had the chance to see what life is like if you get a good education. I was motivated to do my best in everything I set out to do. From third grade to signing to play basketball at Brescia University, my Big Brother Brett Reynolds has been there for it all.



Photo courtesy of Clinton Lewis

How will I repay him? By being the best man I can be."



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of South Central Kentucky

Visit www.BBBSKY.com



United Way
of Southern Kentucky
Member Agency